

Emmy Award winning writer/producer Paul M. J. Suchecki worked on the Fox TV series "Cops" in Denver and Ft. Worth, and "Code 3," in Los Angeles. He has written extensively for newspapers, magazines, websites and television, working in news in L.A. for Fox 11, LA CityView 35 and E! Entertainment Television.

An Eagle Scout, sailor, former ocean lifeguard, cyclist, backpacker, skier, and longtime Sierra Club member, he's an avid outdoorsman

His award-winning, feature-length, antiaging documentary is available at

ReverseAgingNow.com. For TMW Media's Black American Experience series, he wrote biopics of Thurgood Marshall, Langston Hughes and Dr. Ben Carson. A graduate of the two oldest schools in the nation, Boston Latin School and Harvard College, he earned his Master of Professional Writing at the University of Southern California.

-photo by Carolisa Pomerantz